

Fall 2018 Dexter Southfield Upper School Pre-Season Schedule

Monday, August 27:

Cross Country, Field Hockey, Soccer, Volleyball: 10:00 am – 12:00 pm
Football: 9:00-2:00 pm

Tuesday, August 28:

Football: 9:00 am-11:00 am, 2:00-4:00 pm
Cross Country, Field Hockey, Soccer, Volleyball: 3:45-5:45 pm

Wednesday, August 29:

Football: 9:00 am-11:00 am, 2:00-4:00 pm
Cross Country, Field Hockey, Soccer, Volleyball: 3:45-5:45 pm

Thursday, August 30:

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Football: 9:00 am-12:00 pm
Cross Country, Field Hockey, Soccer, Volleyball: 3:45-5:45 pm

Friday, August 31:

Football: 9:00 am- 12:00pm
Cross Country, Field Hockey, Soccer, Volleyball: 12:00 - 2:00 pm

Tuesday, September 4 & Wednesday, September 5:

Football: 9:00 am-12:00 pm—strength and conditioning
Cross Country, Field Hockey, Soccer: 1:00 – 3:00 pm — **CHANGED TIMES**

Thursday, September 6:

Start of school and regular practice schedule: 3:45-5:15 (football has later end time)

Notes

- Updates and times (when available) can be found on the website under Athletics.
- Middle School sports start on the first day of school.
- Upper School students interested in playing JV soccer begin on the first day of school.